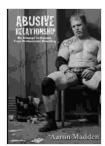
My Attempt To Escape From Professional Wrestling

As a child, professional wrestling was my everything. I watched every week with rapt attention, and dreamed of one day becoming a wrestler myself.

In high school, I started training at a local wrestling school. I was terrible at first, but I kept at it, and eventually I started to get good.

In college, I wrestled for the varsity team. I was a three-time All-American and won a national championship.



Abusive Relationship: My Attempt to Escape From Professional Wrestling by Charles T. Betz

★ ★ ★ ★ ★ 4.3 out of 5 Language : English File size : 10830 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 407 pages Lending : Enabled Hardcover : 428 pages Item Weight : 9.3 ounces

Dimensions : $8.5 \times 0.2 \times 10.98$ inches

Paperback : 78 pages



After college, I signed a contract with WWE. I was living my dream.

But it wasn't what I thought it would be. The travel was grueling, the schedule was unforgiving, and the pressure was immense.

I started to feel like I was losing myself. I didn't have time for anything else in my life. All I did was wrestle.

I started to resent the business. I hated the way it made me feel. I hated the way it was controlling my life.

I knew I had to get out.

But it wasn't easy. I had a contract with WWE, and they weren't going to let me go without a fight.

I had to find a way to escape.

I started by talking to my family and friends. They were all supportive of my decision, and they helped me to make a plan.

I started by asking for a release from my WWE contract. They refused.

I started to skip shows. Then I just stopped showing up altogether.

At that point, they had no choice but to release me.

I was free.

But I wasn't sure what to do next. I had been a wrestler for so long, it was all I knew.

I tried to find a job in a different field, but I didn't have any experience.

I was starting to feel lost.

But then, I remembered something that my coach had told me in high school. He said, "Wrestling is not just about the physicality. It's about the mental toughness. It's about the ability to overcome adversity."

I realized that wrestling had given me more than just a physical skillset. It had given me the strength of character to face anything.

I decided to start my own business. I used the skills that I had learned in wrestling to build a successful company.

I am now happily married with two beautiful children. I am financially secure and have a fulfilling career.

I am grateful for the time that I spent in professional wrestling. It taught me valuable lessons about perseverance, resilience, and the importance of following my dreams.

But I am also glad that I was able to escape.

Wrestling is a tough business. It is not for everyone.

If you are thinking about getting into wrestling, I urge you to do your research and make sure that you are prepared for the challenges ahead.

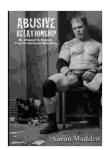
But if you are willing to put in the hard work, and you have the mental toughness to overcome adversity, then wrestling can be a rewarding experience.

Here are some of the things that I learned from my time in professional wrestling:

- Perseverance: Wrestling is a tough business. There will be times when you want to give up. But if you stick with it, you will eventually succeed.
- Resilience: Wrestling will test you both physically and mentally. But if you are resilient, you will be able to overcome any obstacle.
- Importance of following your dreams: Wrestling is a dream for many people. But if you are willing to put in the hard work, you can achieve anything you set your mind to.

I am grateful for the opportunity to have wrestled professionally. It taught me valuable lessons about life and about myself.

I am now happily retired from professional wrestling, but I will always be a wrestler at heart.

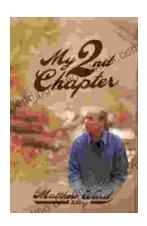


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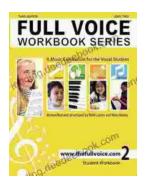
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