# You Can Teach Yourself Autoharp: A Comprehensive Guide for Beginners

The autoharp, a stringed musical instrument with a rich history and captivating sound, is an accessible instrument that anyone can learn to play. Whether you're a seasoned musician or a complete novice, embarking on the journey of self-guided autoharp learning can be incredibly rewarding.



#### You Can Teach Yourself Autoharp by Michael Shaw

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This comprehensive guide will provide you with the essential knowledge, step-by-step instructions, and helpful resources to teach yourself the autoharp. With patience, dedication, and a love for music, you'll be strumming chords and creating beautiful melodies in no time.

#### **Getting Started: Choosing an Autoharp**

The first step in your autoharp learning journey is selecting the right instrument. Consider these factors when choosing:

- Size: Autoharps come in various sizes, from compact 12-string models to larger 36-string models. Choose a size that suits your physical stature and playing style.
- Chorder Style: Autoharps have different chording mechanisms.
   Button chorders have individual buttons for each chord, while lever chorders have levers that engage multiple chords simultaneously.
   Consider your musical goals and playing preferences.
- Price: Autoharps range in price from entry-level models to professional-grade instruments. Determine your budget and choose an autoharp that meets your financial constraints.

#### **Learning Autoharp Basics**

Once you have your autoharp, it's time to dive into the basics:

- Tuning: Autoharps are tuned using a chromatic tuner or tuning fork. Standard tuning is C6, but you can experiment with different tunings to find the one that suits your musical taste.
- Hand Position: Place your left hand on the neck of the autoharp, with your thumb resting on the back of the neck and your fingers over the strings. Your right hand will strum the strings using a thumbpick.
- Chording: Chords are played by pressing buttons or levers that engage bars that stop certain strings from vibrating. Start with basic chords like C, G, D, and Am.

#### **Developing Fingerpicking Skills**

Fingerpicking adds depth and expression to your autoharp playing:

- Right-Hand Technique: Develop agility and control in your right hand by practicing scales and arpeggios. Use a fingerstyle thumbpick for greater precision and clarity.
- Left-Hand Coordination: Your left hand needs to coordinate with your strumming hand to produce clean and accurate notes. Practice exercises that involve both hands working together.

#### **Exploring Different Styles**

Autoharp music spans various styles:

- Folk: Traditional folk songs and ballads sound beautiful on the autoharp. Explore classic melodies and experiment with open tunings.
- Country: Autoharp playing is an integral part of country music. Learn popular country songs and improvise solos.
- Bluegrass: Bluegrass music is known for its fast-paced strumming and intricate harmonies. Master bluegrass chord progressions and fingerpicking techniques.

#### **Resources for Self-Teaching**

Enrich your autoharp learning experience with these invaluable resources:

- Online Lessons: Platforms like YouTube, Udemy, and Skillshare offer a wide range of autoharp lessons for beginners to advanced players.
- Books and Sheet Music: Books and sheet music provide structured guidance and a collection of songs to practice. Look for materials specifically designed for self-taught learners.

 Autoharp Community: Join online forums, discussion groups, and social media communities dedicated to autoharp enthusiasts. Connect with fellow learners, share tips, and find inspiration.

#### **Tips for Staying Motivated**

Learning a musical instrument requires consistency and dedication. Here are some tips to keep you motivated:

- Set Realistic Goals: Break down your learning into smaller,
   achievable milestones. Celebrate your progress along the way.
- Find a Practice Buddy: Playing with someone can be motivating and encouraging. Connect with other autoharp learners or join a local music group.
- Discover Music You Love: Choose songs that inspire and excite you.
   Learning pieces you enjoy makes practicing more enjoyable.

Embarking on a self-guided autoharp learning journey is an enriching and fulfilling experience. With the right approach, determination, and the resources outlined in this guide, you can unlock the beautiful sounds of the autoharp and create music that resonates.

Remember that learning any musical instrument takes time and effort.

Embrace the process, enjoy the challenges, and celebrate your progress.

The rewards of becoming an autoharp player are immeasurable.

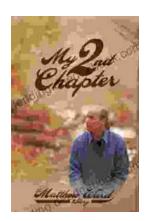
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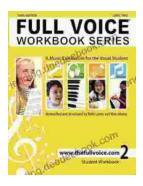
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